

SMOOTHIES

Our Smoothies are all made with Fresh Fruit

Lean Green Mango, pineapple, banana, spinach, mint, apple	4.95
Energizer Strawberry, banana, apple	4.95
Recovery Mango, pineapple, ginger, orange	4.95
Tropical Crush Strawberry, mango, pineapple	4.95
Peanut Butter Breakfast Boost Peanut butter, banana, maple syrup, granola, oat milk	4.95

Smoothies ½ Price with any Sourdough Toastie (Mon-Fri)

SHAKES

New Large 20oz Shakes with thick Ice Cream & Whipped Cream

Strawberry With Vanilla	4.95	5.50
Banana Caramel With banana Honey and cinnamon	4.95	5.50
Oreo With chocolate	4.95	5.50

Shakes ½ Price with any of our Take Out Heros (Mon-Fri)

JUICES & SOFT DRINKS

Fresh Orange Juice	2.80
Fresh Apple Juice	2.80
Mango Juice	2.80
Cans Coca Cola / Diet Coke / Coke Zero / Sprite / Fanta	2.00
Still Water/ Sparkling Water	2.00

COCKTAILS & BEER

Mimosa Prosecco & Fresh Orange Juice	5.95
Mimosas ½ Price with any Breakfast	
Bloody Mary made with Spiced Tomato Juice, Vodka, & Tabasco	6.95
Estrella Barcelona 330ml bottle	3.95

SWEET TREATS

Handmade Brownies Choc Chip, Salted Caramel, Oreo, Peanut Butter	3.00
Brownie Box Deal an Assortment of 6 of our delicious Brownies cut up into Bite-size pieces and boxed up for you to share. Get your 6 th Brownie free.	15.00

COFFEE

(All available with Oat Milk **Vn**)

Decaf available +50p

Vanilla, Caramel & Hazelnut Coffee Syrups +50p)

	Single espresso	Double espresso
Espresso Locally roasted Arabica	1.95	2.25
Americano Espresso with hot water	2.75	3.00
Latte Steamed milk with a little foam	3.00	3.25
Cappuccino Creamy foamed milk with Chocolate Sprinkles	3.00	3.25
Flat White Double espresso, short & creamy		3.25
Mocha Hot chocolate with double espresso		3.50
Iced Americano Cold espresso over ice with or without milk		3.25
Vanilla Iced Cappuccino Iced coffee shake with vanilla ice cream & whipped cream		4.95
Caramel Iced Latte Caramel iced coffee with milk		3.95

TEA, CHAI & CHOCOLATE

Classic Hot Chocolate made with Cadburys chocolate & steamed milk	3.25
American Hot Chocolate with marshmallows & whipped cream	3.75
Chai Latte Chai & steamed milk	3.50
Sweet Masala Chai Authentic spiced sweet chai tea	3.00
Tumeric Chai Ayevedic Blend with Tumeric Cinamon, Ginger & Milk	3.00
Breakfast Tea Decaf tea available	2.15
Herbal Tea Earl grey, Green tea, Ginger & lemon, Foraged fruits, Camomile, Rooibos, Peppermint	2.75

Any Hot Drink ½ Price with any Breakfast Buttie (Mon-Fri)

LITTLE PEOPLE DRINKS

Kids Milkshakes Strawberry, Chocolate or Vanilla with Whipped Cream	3.75
Kids Cold Drink Apple Juice, Orange Juice or Milk	1.50
Kids Hot Chocolate With Whipped Cream and Marshmallows	3.00
Babyccino Steamed Milk with Marshmallows and Chocolate Sprinkles	
	Tiny Buba Size 95p
	Toddler Size 1.50

BUILD A FRY UP

Eggs & Toast – £4.95

2 Eggs - Poached, Scrambled or Fried

Add:

Smoked Bacon	£0.95 Gf
Herby Sausage	£1.85
American Bacon	£1.85 Gf
Spanish Chorizo Sausage	£2.85
Smoked Salmon	£2.85 Gf
Scottish Black Pudding	£1.85
Veggie Sausage	£1.85 Vn /gluten traces
Grilled Halloumi	£1.85 Gf
Vine Tomatoes	£1.45
Avocado	£1.85
Homemade Hash Brown	£1.85 Gf
Spinach	£1.45
Mushrooms	£1.45 Gf / Vn
Baked Beans	£1.45 Gf / Vn
Smokey Beans	£1.45 Gf / Vn
Melted Cheese	£1.45
Rocket & Tomato Salad	£1.85 Gf
White or Brown toast	£0.95
Fried Toast	£1.45
Sourdough Toast	£1.85
Pancakes & Maple Syrup	£1.85

or start with:

Eggs & Sourdough – £6.25
Avo & Sourdough Vn – £6.25
Eggs & Hashbrown Gf – £6.25

BREAKFAST BUTTIES

Build your own Buttie or Wrap
Starting price £4.00

Add for 75p: Fried Egg, Scrambled Egg, Smoked Bacon, American Bacon, Herby Sausage, Chorizo, Blackpudding, Smoked Salmon, Avocado

Veggie Sausage, Mushrooms, Hashbrown, Melted Cheese, Halloumi, Smokey Beans, Baked Beans, Fried Onions

Add for 40p: Sweet Peppers, Tomato, Rocket, Spinach

LITTLE PEOPLE FOOD

Pancakes – £8.15

Choose- Berries / Grilled Banana / Whipped Cream / Nutella / Maple Syrup

Egg on Toast – £3.50

1 x Poached, Scrambled or Fried Egg
Add additions from the Build a Fry Up menu

Avo on Toast – £4.50

Add additions from the Build a Fry Up menu